



Carman **Female** Skill Development Program  
For both players & goalies  
**\*Female instructors provided by The RINK\***

**8 sessions** - Monday & Wednesdays  
Carman Dufferin Arena

September 6<sup>th</sup> & 8<sup>th</sup>  
September 13<sup>th</sup> & 15<sup>th</sup>  
September 20<sup>th</sup> & 22<sup>nd</sup>  
September 27<sup>th</sup> & 29<sup>th</sup>

**U9 & U11:** 6:15pm – 7:15pm

**U13 & U15 Minors:** 7:15pm – 8:15pm

12 skaters & 3 Goalies per group

Cost for all 8 sessions includes  
jersey = **\$375.00**

The RINK skill development program will feature  
2 key components:

- 1) SKILL DEVELOPMENT (Individual Focus)** –  
Individual skill development is improved by  
focusing on skill such as skating, stick handling  
& passing.
- 2) POSITION SPECIFICS (Position Focus)** –  
Positioning skills are improved through  
technical focused teaching and tactical drills.

Registration will be online only  
Wednesday, May 26<sup>th</sup> at 7:00 am  
<https://carmandufferinrec.maxgalaxyca.nada.net/BrowseActivities.aspx>

Please call the Recreation Office for  
more information at [204-745-2684](tel:204-745-2684) Or  
email [programcdr@townofcarman.com](mailto:programcdr@townofcarman.com)